

# MIDDLE SCHOOL

# JANUARY

# 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 <b>HAPPY NEW YEAR</b>	2 SLICE OF DOMINOS PIZZA OR CRISPY CHICKEN POTATO SMILEYS VEGETABLE	3 TWIN TACOS OR LEMON/BAKED CHICKEN FILET VEGETABLE	4 SLICE OF DOMINOS PIZZA OR MOZZARELLA STICKS HASH BROWN FRESH FRUIT
7 BUFFALO POPCORN CHICKEN OR TWIN HOT DOGS MASHED POTATOES VEGETABLE	8 STRIPS OF FIRE OR CHICKEN NUGGETS POTATO WEDGE VEGETABLE	9 SLICE OF DOMINOS PIZZA OR BEEF BURRITOS  TATAR TOTS VEGETABLE	10 LEMON/BAKED CHICKEN FILET OR CHICKEN PARMEASAN VEGETABLE	11 SLICE OF DOMINOS PIZZA OR FRENCH TOAST STICKS W/SAUSAGE PATTY HASH BROWN FRESH FRUIT
14 HOT WINGS OR CHICKEN TENDERS MASHED POTATOES VEGETABLE	15 POPCORN CHICKEN OR BBQ RIB ON A BUN FRENCH FRIES VEGETABLE	16 SLICE OF DOMINOS PIZZA OR CHICKEN ROUND POTATO SMILEYS VEGETABLE	17 TWIN TACOS OR LEMON/BAKED CHICKEN FILET VEGETABLE	18 SLICE OF DOMINOS PIZZA OR MOZZARELLA STICKS HASH BROWN FRESH FRUIT
21 <b>SCHOOL CLOSED</b>	22 CRISPY CHICKEN ON A BUN OR TERIYAKI CHICKEN FRENCH FRIES VEGETABLE	23 SLICE OF DOMINOS PIZZA OR BEEF BURRITOS TATAR TOTS VEGETABLE	24 LEMON/BAKED CHICKEN FILET OR STUFFED SHELLS VEGETABLE	25 SLICE OF DOMINOS PIZZA OR CHICKEN NUGGET  HASH BROWN FRESH FRUIT
28 STRIPS OF FIRE OR POPCORN CHICKEN MASHED POTATOES VEGETABLES	29 HAMBURGER/CHEESEBURGER OR TWIN HOT DOGS FRENCH FIRES VEGETABLE	30 SLICE OF DOMINOS PIZZA OR CHICKEN NUGGETS TATAR TOTS VEGETABLES	31 TWIN TACOS OR LEMON/BAKED CHICKEN FILET VEGETABLE	

**\$3.50 LUNCH**

**Complete Lunch  
CONSISTS OF:  
Take at least 3 out of 5  
Components Offered:**

1. Meat/Meat Alternate
2. Vegetable
3. Fruit of 100% fruit juice
4. Grain
5. Milk

**SIDE DISHES**

Fresh Fruit  
Side Salad  
Steamed Vegetable  
Juice  
**AVAILABLE DAILY**  
Salad Bar  
Yogurt  
Cheese Sandwich  
Bologna Sandwich  
Pretzels  
Soup  
Bagels/Rolls  
1% Chocolate Milk  
1% White Milk  
Skim  
Snacks

\*Ala Carte