BALDWIN PAL JUDO/SELF DEFENSE – WINTER/SPRING 2024

Registration for Winter/Spring Judo/Self Defense is open.

Boys and Girls Ages 3 – 17
When: Friday evenings starting in February 2024

Location: Baldwin District Office – 960 Hastings Street, Baldwin, NY 11510

Uniform: A PAL Gi is required. Please add your child’s height and weight for Gi sizing.

Cost: $100 for the program; $25 for the Gi

REGISTRATION IS ONLINE ONLY

www.baldwinpal.org

In the Activity Registrations section click on Judo/Self Defense link
On the registration page click on the REGISTER button and follow the directions

*** PAL follows guidelines of Nassau County and the CDC ***
Neither this material, nor the content thereof, are sponsored or endorsed by the Baldwin Union Free School District and its officials

For Questions or Additional Information please email BaldwinPAlInfo@gmail.com