

Baldwin Union Free School District and  
Baldwin Council of PTAs Present a Special Webinar

# **PARENT ACADEMY**

## **WORKSHOP: MANAGING MENTAL HEALTH & WELLNESS DURING THE PANDEMIC**

Thursday, May 14 • 7 pm – 8 pm

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Please join the Baldwin community for an important webinar-style panel discussion on the current challenges impacting families related to the current pandemic and the specific ways that we can support one another as we continue to manage our physical and mental health.

All parents of all grade levels are encouraged to attend.

### **Featuring Baldwin UFSD Mental Health Experts**

Amy Slif, LCSW • Carmela Tufano, LCSW • Gordon Gooding, LCSW

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### **Registration and How to Join Webinar**



Register in advance for this webinar by clicking the link below or scanning this QR code by hovering over it with your cell phone camera or QR code reader app.

**Registration Link:** <https://bit.ly/2KHx2CX>

### **Submit Questions in Advance**

We strongly invite you to share questions or concerns to be shared with our panelists in advance by emailing: [paworkshop@baldwinschools.org](mailto:paworkshop@baldwinschools.org)

**After registering, you will receive a confirmation email from Zoom containing further instructions on how to join the webinar.**

**For technical support, email:** [FamilyITSupport@baldwinschools.org](mailto:FamilyITSupport@baldwinschools.org)