

March PTA Meeting!

Come meet Meadow School's
Mental Helpers
on March 3rd @ 7P.M in the Cafeteria.



The Mental Helpers are a group of 4th and 5th grade students who are working to raise awareness regarding mental health issues.

We will be sharing strategies to help Meadow parents help their children deal with stress and keep their emotions in check.

We hope to see you on March 3rd!