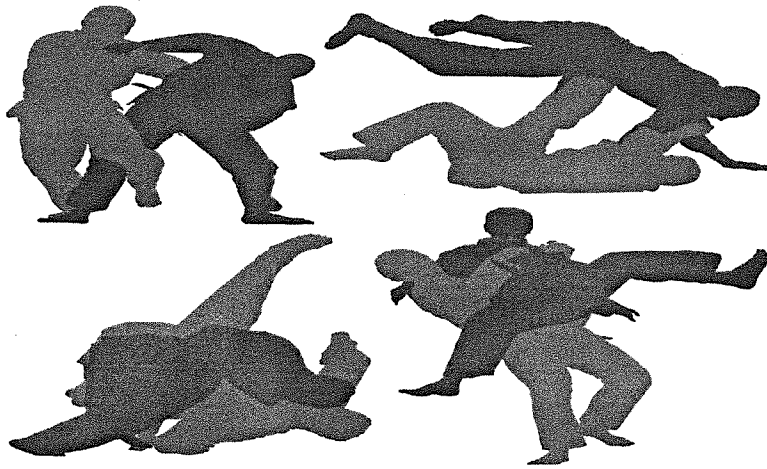


**NASSAU COUNTY POLICE ACTIVITY LEAGUE
BALDWIN UNIT**



**Winter 2022
Judo/Self Defense
(Boys and Girls Ages 3 - 17)**

Registration is now open!

**When: Saturdays: January 8th - March 19th, 2022; 11:00am - 4:00pm
11:00am - 12:00pm 3 - 5 years old; 12:15pm - 1:15pm 6 - 8 years old
1:30pm - 2:30pm 9 - 13 years old; 2:45pm - 3:45pm 14 years old +**

**Location: Hicksville Athletic Complex
167 South Broadway, Hicksville, NY 11801**

Uniform: A PAL Gi is required. Please add your child's height and weight for Gi sizing.

**Cost: \$80 for the program; \$25 for the Gi
REGISTRATION IS ONLINE**

**To register: Go to www.baldwinpal.org
Scroll to and click on the 'Judo/Self Defense' link
Click on the 'register now' button and follow the directions**

***** PAL follows guidelines of Nassau County and the CDC *****

Neither this material, nor the content thereof, are sponsored or endorsed by the Baldwin Union Free School District and its officials

**For Questions or Additional Information:
Visit our website at www.baldwinpal.org or E-mail - BaldwinPALInfo@aol.com
Special Needs Unit Please Call 516-809-7617**

*approved
11/8/21*